

Activity 4: Take a Coffee Break

Think of a colleague you don't know well, but you expect is probably your **polar opposite** – unlike you in every conceivable way. In identifying this person, consider their gender, age, work style, approach to problem solving, background, and/or time at your company.

Invite this person to coffee.

("Hi. I'm <Name> and work in the <part of organization>. This request might sound unusual, but I'd like to invite you to coffee as part of a company-wide networking project.")

Perhaps, request a bit of extra time from your manager for this get together. Spend this time discovering and discussing several things you have in common with each other.